

***** UNCLASSIFIED// *****

Subject: ALARACT 350/2009 IDENTIFICATION OF AT RISK SOLDIERS - SUICIDE PREVENTION TRAINING BEFORE AND AFTER AUTHORIZED ABSENCES WHILE DEPLOYED

Originator: /C=US/O=U.S.

GOVERNMENT/OU=DOD/OU=ARMY/OU=ORGANIZATIONS/L=CONUS/L=WASHINGTON DC/OU=DA ARMY STAFF(UC)/OU=DCS

G1(UC)/OU=INDIVIDUAL READINESS POLICY DIVISION(UC)

DTG: 221623Z Dec 09

Precedence: ROUTINE

DAC: General

To: /C=US/O=U.S.

GOVERNMENT/OU=DOD/OU=ARMY/OU=ORGANIZATIONS/L=CONUS/L=WASHINGTON DC/OU=DA PENTAGON TELECOMMUNICATIONS(UC)/

OU=ALARACT RELEASE AUTHORITY(UC)

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1. REFERENCES:

A. HQDA MESSAGE, SAPA, 021531Z MAY 03, SUBJECT: DEPLOYMENT CYCLE SUPPORT (DCS)

B. DCS CONPLAN, 02 MAY 03

C. SECARMY DCS DIRECTIVE 02-2007, 26 MAR 07

D. AR 600-63, ARMY HEALTH PROMOTION DATED 07 MAY 2007, RAR DATED 20 SEP 2009

E. VCSA ARMY SUICIDE PREVENTION TASK FORCE TASK NUMBER 1.1.12 : ESTABLISH A POLICY REQUIRING SUICIDE PREVENTION TRAINING AT THE LOWEST APPROPRIATE LEVEL BEFORE AND AFTER AUTHORIZED ABSENCES WHILE DEPLOYED (E.G. MID-TOUR LEAVE; R&R LEAVE; EMERGENCY / MEDICAL LEAVE)

2. THE PURPOSE OF THIS ALARACT MESSAGE IS TO NOTIFY COMMANDERS OF THE REVISION TO AR 600-63 (PARA., 4-4L(3)) AND THE PENDING REVISION TO THE DCS CHECKLIST (DA FORM 7631), WHICH MANDATES SUICIDE PREVENTION AND AWARENESS TRAINING/COUNSELING BEFORE DEPARTURE AND UPON RETURN FROM IN-THEATER LEAVE (MID-TOUR, R&R, EMERGENCY AND MEDICAL). SUICIDE PREVENTION TRAINING ACTIVITIES ARE DESIGNED TO REDUCE THE RISK OF SUICIDE AND TO IDENTIFY AT RISK SOLDIERS. THESE ACTIVITIES MAY BE PRESENTED USING A NUMBER OF FORMATS FROM COMPUTER-BASED TRAINING TO PEER TO PEER TRAINING OR CONDENSED BRIEFINGS BY UNIT CHAPLAINS. CONTENT MAY INCLUDE OUTREACH, RESILIENCY, INTERVENTION SKILLS, AND INCORPORATED METHODS TO REDUCE STIGMA ASSOCIATED WITH SEEKING BEHAVIORAL HEALTH SERVICES. LEADERS SHOULD BE PARTICULARLY VIGILANT DURING TIMES OF HEIGHTENED RISK (E.G., R&R

LEAVE). THEATER COMBATANT COMMANDERS (COCOMS) SHOULD INCORPORATE AND ENSURE SUICIDE TRAINING IS PROVIDED TO ALL DEPLOYED SOLDIERS AND MADE AVAILABLE TO DEPLOYED DA CIVILIANS. THEATER COCOMS AND ARCENT SHOULD ENSURE RESOURCES ARE COORDINATED FOR AND AVAILABLE AT THEATER GATEWAYS TO ADDRESS ISSUES. THE DCS CHECKLIST INFORMATION IS MAINTAINED IN THE SOLDIER'S DEPLOYMENT FILE.

3. THE DCS DIRECTIVE AND CHECKLIST CAN BE ACCESSED AT THE FOLLOWING WEBSITES:

A. ARMY PUBLISHING DIRECTORATE WEBSITE; [HTTP://WWW.USAPA.ARMY.MIL](http://www.usapa.army.mil)

B. ARMY G-1 HUMAN RESOURCES POLICY WEBSITE;
[HTTP://WWW.ARMYG1.ARMY.MIL/DCS/](http://www.armyg1.army.mil/dcs/)

4. POCS ARE: MRS. JUDITH MILLER, G-1, (DAPE-HR), DSN 671-3450, CML (703) 571-3450, E-MAIL JUDITH.A.MILLER@CONUS.ARMY.MIL AND MR. JOHN AGLER, YA-03 (GS-14), ODCS, G-1, (DAPE-HRI), DSN 224-0626, CML (703) 604-0626, E-MAIL JOHN.AGLER@CONUS.ARMY.MIL

5. THIS MESSAGE HAS BEEN APPROVED BY ARMY G-1.

6. EXPIRATION DATE IS 1 DEC 2010.