

UNCLASSIFIED//

PRECEDENCE TO: IMMEDIATE DTG: 060010Z FEB 09
PRECEDENCE CC: IMMEDIATE
FROM PLA: PTC WASHINGTON DC//ALARACT//
SUBJECT: ALARACT 031/2009 HQDA EXORD 103-09 ISO ARMY SUICIDE PREVENTION

THIS MESSAGE HAS BEEN SENT ON BEHALF OF THE CHIEF OF STAFF OF THE ARMY.

SUBJECT: HQDA EXORD 103-09 ISO ARMY SUICIDE PREVENTION

FOUO/NONE.//

MSGID/ORDER/HQDA//

REF/A/(U)/AR 600-63, ARMY HEALTH PROMOTION/07 MAY 2007// REF/B/(U)/ARMY DIRECTIVE 2007-2, DEPLOYMENT CYCLE SUPPORT (DCS) DIRECTIVE/26 MARCH 2007// REF/C/(U)/ARMY SUICIDE PREVENTION PROGRAM GUIDE FOR INSTALLATIONS AND UNITS/15 MARCH 2008// REF/D/(U)/ACE INTERVENTION CARD, GTA 12-01-003/MAY 2008// REF/E/(U)/GOSC CHARTER/28 JULY 2008// REF/F/(U)/ALARACT MESSAGE/NATIONAL SUICIDE PREVENTION WEEK, 7 - 13 SEP 2008/012044ZAUG08// REF/G/(U)/EMAIL/VCSA SENDS ON SUICIDE/281000ZJAN09// TIMEZONE/Q// 1. (U) SITUATION.

1.A. IN 2008, SUICIDAL BEHAVIOR AMONG SOLDIERS WAS AT AN ALL TIME HIGH. A TOTAL OF 142 SOLDIERS (INCLUDING 13 STILL PENDING FINAL DETERMINATION) TOOK THEIR OWN LIVES IN 2008. SUICIDES ARE OCCURRING ACROSS EVERY SEGMENT OF THE FORCE - ACTIVE, GUARD AND RESERVE; OFFICERS AND ENLISTED SOLDIERS; DEPLOYED, NON-DEPLOYED, AND THOSE WHO HAVE NOT YET BEEN DEPLOYED.

1.B. ARMY LEADERSHIP IS COMMITTED TO REVERSING THE TREND OF INCREASING SUICIDAL BEHAVIOR IN THE FORCE AND HAS DIRECTED A STAND-DOWN FOLLOWED BY A DELIBERATE CHAIN TEACHING PROGRAM FOCUSED ON SUICIDE PREVENTION THAT PROMOTES LEADERSHIP COMMUNICATION WITH EVERYONE IN THEIR COMMAND. COMMANDERS AND FIRST LINE SUPERVISORS WILL ENGAGE THEIR SOLDIERS, DEPARTMENT OF THE ARMY (DA) CIVILIANS, AND FAMILY MEMBERS IN THIS THREE PHASE TRAINING PROGRAM.

1.C. ATTACHED ARE ANNEXES A, B, AND C. ANNEX A IS STRATEGIC COMMUNICATIONS; ANNEX B IS TALKING POINTS: SUICIDE PREVENTION STAND-DOWN AND CHAIN TEACH; AND ANNEX C IS COMMAND COMPLETION REPORT FORMAT.

2. (U) **MISSION.** THE ARMY CONDUCTS SUICIDE PREVENTION TRAINING IN THREE PHASES FOR ALL SOLDIERS, DA CIVILIANS, AND FAMILY MEMBERS TO INCREASE AWARENESS OF SUICIDE RISK FACTORS AND WARNING SIGNS AND TO ENCOURAGE INTERVENTION FOR AT RISK SOLDIERS. PHASE I CONSISTS OF A STAND-DOWN, WHICH ALL COMMANDS WILL CONDUCT DURING 15 FEB 09 TO 15 MAR 09. ARNG OR USAR UNITS LACKING A SCHEDULED DRILL OR BATTLE ASSEMBLY DURING THIS 30-DAY PERIOD WILL COMPLETE STAND-DOWN BY THE END OF THE NEXT SCHEDULED DRILL OR BATTLE ASSEMBLY. PHASE II CONSISTS OF CHAIN TEACH AND IS CONDUCTED 15 MAR 09 TO 15 JUL 09. PHASE III IS SUSTAINMENT THAT INITIATES WITH PHASE I, PASSES THROUGH PHASE II, AND CONTINUES INDEFINITELY THROUGH ANNUAL TRAINING REQUIREMENTS.

3. (U) **EXECUTION.**

3.A. **INTENT.** IT IS IMPERATIVE THAT ALL SOLDIERS, DA CIVILIANS, AND FAMILY MEMBERS UNDERSTAND THE INDIVIDUAL SUICIDE RISK FACTORS AND WARNING SIGNS, AND TAKE ACTION TO INTERVENE ON BEHALF OF FELLOW SOLDIERS, DA CIVILIANS, AND FAMILY MEMBERS. THE ARMY IS COMMITTED TO PROTECT THE ENTIRE FORCE AND CONDUCTS TRAINING TO IMPRESS THAT FACT ON ALL SOLDIERS, DA CIVILIANS, AND FAMILY MEMBERS. THESE TRAINING REQUIREMENTS APPLY TO ALL SOLDIERS AND DA CIVILIANS IN ARMY UNITS AND ORGANIZATIONS REGARDLESS OF COMPONENT OR DEPLOYMENT STATUS. UNITS DEPLOYED ARE TO

ORGANIZE AND CONDUCT ARMY SUICIDE PREVENTION STAND-DOWN AND CHAIN TEACH TASKS IN SUCH A MANNER THAT IT IS MEANINGFUL TO SOLDIERS AND DA CIVILIANS ASSIGNED, YET CONSISTENT WITH MISSION, SECURITY AND OTHER TACTICAL CONSTRAINTS. COMMANDERS ARE HIGHLY ENCOURAGED TO RESOURCE AND PERMEATE SUICIDE PREVENTION INTO FAMILY READINESS GROUPS AND SPOUSE FORUMS AT ALL LEVELS. ARMY SUICIDE PREVENTION IS A LEADERSHIP ISSUE, AND LEADERSHIP INVOLVEMENT IS EXPECTED AT EVERY LEVEL. "THIS IS NOT 'BUSINESS AS USUAL'" (REF G, VCSA SENDS).

3.A.(1). PURPOSE:

3.A.(1).(A). INFORM AND EDUCATE SOLDIERS AND DA CIVILIANS ABOUT ASSISTANCE AND INTERVENTION TO DIMINISH SUICIDAL BEHAVIOR AND DECREASE THE NUMBER OF SUICIDES IN THE ARMY.

3.A.(1).(B). MOTIVATE SOLDIERS TO MAINTAIN BOTH PHYSICAL AND MENTAL HEALTH WELLNESS BY ENHANCING SOLDIERS' LIFE SKILLS AND INTERVENTION SKILLS OF LEADERS AND JUNIOR SOLDIERS.

3.A.(1).(C). ENGAGE ARMY LEADERS AT ALL LEVELS TO FOSTER AN ENVIRONMENT OF REDUCED STIGMA ASSOCIATED WITH SEEKING MENTAL HEALTH CARE AND ENHANCING THE CAPABILITIES OF SOLDIERS, DA CIVILIANS, ARMY LEADERS, AND THEIR FAMILIES, AND OTHER BEHAVIORAL HEALTH INFLUENCERS TO TAKE NECESSARY ACTION TO HELP SOLDIERS AND DA CIVILIANS AT RISK.

3.A.(1).(D). ENHANCE AWARENESS THAT THE ARMY IS COMMITTED TO PROVIDING RESOURCES TO ENABLE SOLDIERS, DA CIVILIANS, AND FAMILY MEMBERS TO UNDERSTAND THE FACTORS RESPONSIBLE FOR SUICIDES AND TO IDENTIFY EFFECTIVE PREVENTION AND INTERVENTION MEASURES TO REDUCE SUICIDES IN THE ARMY.

3.A.(2). CONCEPT:

3.A.(2).(A). STRONG AND VISIBLE CHAIN OF COMMAND ENDORSEMENT FROM THE TOP DOWN.

3.A.(2).(B). PHASE I CENTERS ON THE "BEYOND THE FRONT" VIDEO AND ACE CARD AND IS INTENDED TO MAKE AN IMPACT WITH IMMEDIATE EXECUTION.

3.A.(2).(C). PHASE II CENTERS ON THE "SHOULDER TO SHOULDER" VIDEO, ACE CARD AND SUICIDE PREVENTION TRAINING TIP CARD, AND IS INTENDED TO AUGMENT PHASE I WITH A MORE DELIBERATE AND PERSONAL APPROACH TO TRAINING CONDUCTED BY SMALL UNIT LEADERS AND FIRST LINE SUPERVISORS FOR SOLDIERS AND DA CIVILIANS WITHIN THEIR RESPONSIBILITY.

3.A.(2).(D). UNITS OBTAIN MATERIALS FROM LOCAL TRAINING AND AUDIOVISUAL SUPPORT CENTERS (TASC) OR ON-LINE TO SUPPORT.

3.A.(2).(E). ALL ECHELONS OF COMMAND ARE RESPONSIBLE FOR DELIVERY OF AWARENESS AND INTERVENTION MESSAGES TO SUBORDINATE COMMANDS - ALL SOLDIERS (ACTIVE, GUARD AND RESERVE), AND DA CIVILIANS.

3.A.(2).(F). REPORTING, BY COMMAND AND NUMBER OF SOLDIERS TRAINED, IS PROVIDED TO THE ARMY G-1 STAFF TO ACKNOWLEDGE COMPLETION OF TRAINING REQUIREMENTS.

3.A.(3). KEY TASKS:

3.A.(3).(A). CONDUCT PHASE I STAND-DOWN TRAINING FEATURING THE "BEYOND THE FRONT" INTERACTIVE VIDEO AND ONLINE VERSION OF ACE CARD.

3.A.(3).(B). CONDUCT PHASE II CHAIN TEACH TRAINING FEATURING THE "SHOULDER TO SHOULDER, NO SOLDIER LEFT BEHIND" VIDEO, ONLINE VERSION OF ACE CARD AND SUICIDE PREVENTION TRAINING TIP CARD, HARD COPIES OF CARDS AVAILABLE THROUGH TASC.

3.A.(3).(C). REPORT COMPLETION OF STAND-DOWN AND CHAIN TEACH REQUIREMENTS IN ACCORDANCE WITH ANNEX C.

3.A.(4). **END STATE.** SOLDIERS, LEADERS, AND COMMANDERS AT ALL LEVELS, DA CIVILIANS AND FAMILY MEMBERS UNDERSTAND SUICIDE RISK FACTORS, ARE ABLE TO RECOGNIZE WARNING SIGNS, UNDERSTAND HOW TO INTERVENE, AND TAKE APPROPRIATE INTERVENTION ACTIONS AS WARRANTED. SUICIDAL BEHAVIOR ACROSS THE ARMY IS REDUCED AS A RESULT.

3.B. CONCEPT OF OPERATIONS. THIS OPERATION WILL BE CONDUCTED IN THREE PHASES. PHASE I CONSISTS OF A STAND-DOWN, WHICH ALL COMMANDS WILL CONDUCT DURING 15 FEB 09 TO 15 MAR 09. PHASE II CONSISTS OF CHAIN TEACH AND IS CONDUCTED 15 MAR 09 TO 15 JUL 09. PHASE III IS SUSTAINMENT. PHASE III INITIATES WITH PHASE I, PASSES THROUGH PHASE II, AND CONTINUES PERMANENTLY THROUGH ANNUAL TRAINING REQUIREMENTS.

3.B.(1). **PHASE I. STAND-DOWN, 15 FEBRUARY 2009 TO 15 MARCH 2009.**

3.B.(1).(A). ALL UNITS WILL CONDUCT A STAND-DOWN DURING THE PERIOD 15 FEB TO 15 MAR 09 DURING WHICH ALL SOLDIERS AND DA CIVILIANS WILL PARTICIPATE IN A MANDATORY TRAINING PERIOD CONDUCTED BY COMMANDERS AND LEADERS DOWN TO THE SQUAD OR EQUIVALENT LEVEL. UNIT COMMANDERS SCHEDULE AND CONDUCT TRAINING CONSISTENT WITH UNIT TRAINING AND DRILL SCHEDULES, YET IN SUCH A MANNER AS TO BE MEANINGFUL AND TO IMPRESS THE SERIOUSNESS OF THE SUBJECT ON ALL MEMBERS OF THE ORGANIZATION. ARNG OR USAR UNITS LACKING A SCHEDULED DRILL OR BATTLE ASSEMBLY DURING THIS 30-DAY PERIOD WILL COMPLETE STAND-DOWN BY THE END OF THE NEXT SCHEDULED DRILL OR BATTLE ASSEMBLY. ARMY SUICIDE PREVENTION IS A COMMANDER'S PROGRAM AND IS CONSIDERED A LEADERSHIP ISSUE.

3.B.(1).(B). COMMANDERS CONDUCT STAND-DOWN TRAINING USING THE "BEYOND THE FRONT" FACILITATORS' GUIDE AND INTERACTIVE VIDEO TO ENHANCE SOLDIERS' ABILITY TO RECOGNIZE RISK FACTORS, WARNING SIGNS, AND HOW TO INTERVENE IN ORDER TO PREVENT SUICIDAL BEHAVIOR. ACCESS TO THE "BEYOND THE FRONT" VIDEO ONLINE WILL BE: FIELD GRADE OFFICERS AND CSM / SGM. THE ACE (ASK, CARE, ESCORT) INTERVENTION CARD (GTA 12-01-003) SHOULD BE USED TO EXPLAIN HOW TO HELP A "BUDDY" WHO MAY BE EXHIBITING WARNING SIGNS OF SUICIDAL BEHAVIOR. THE ACE CARD IS AVAILABLE ONLINE AT [HTTPS://WWW.US.ARMY.MIL/SUITE/PAGE/603513](https://www.us.army.mil/suite/page/603513). AKO LOGIN IS REQUIRED TO ACCESS THIS WEBSITE. ADDITIONAL DISTRIBUTION OF THIS CARD SHOULD BE MADE AS APPROPRIATE TO ENSURE ALL SOLDIERS HAVE RECEIVED A CARD. COMMANDERS WILL ALLOCATE 2 TO 4 HOURS FOR COMPLETION OF STAND-DOWN TRAINING.

3.B.(1).(C). COMMANDERS AND LEADERS AT ALL LEVELS WILL CLOSELY MONITOR SOLDIERS' REACTIONS TO THE "BEYOND THE FRONT" INTERACTIVE VIDEO AND REMAIN SENSITIVE TO ANY SUICIDAL IDEATION SOLDIERS MAY EXPERIENCE FROM ROLE PLAYING AND REALISTIC REPRESENTATION PORTRAYED IN THE VIDEO. COMMANDERS AND LEADERS MUST INFORM SOLDIERS OF THIS CONCERN BEFORE THE VIDEO IS VIEWED. IF A SERIOUS OR SUSTAINED NEGATIVE REACTION TO VIEWING THE VIDEO IS OBSERVED OR REPORTED, LEADERS SHOULD ESCORT THE SOLDIER TO A CHAPLAIN OR BEHAVIORAL HEALTH PROFESSIONAL IMMEDIATELY. DA CIVILIANS WILL BE SIMILARLY REFERRED OR ESCORTED TO COMPETENT MEDICAL, BEHAVIORAL HEALTH AUTHORITY, OR THE INSTALLATION EMPLOYEE ASSISTANCE PROGRAM COORDINATOR FOR EVALUATION. SOLDIERS AND DA CIVILIANS WILL NOT VIEW THE "BEYOND THE FRONT" VIDEO OUTSIDE OF FACILITATED TRAINING SESSIONS, AND COPYING THE VIDEO IS NOT AUTHORIZED. ANY SERIOUS OR SUSTAINED NEGATIVE REACTION AS A RESULT OF VIEWING THE VIDEO SHOULD BE REPORTED TO THE ARMY SUICIDE PREVENTION PROGRAM MANAGER (PARAGRAPH 5.B.) VIA EMAIL.

3.B.(1).(D). COMMANDERS AND LEADERS AT ALL LEVELS WILL ENCOURAGE SOLDIERS TO WATCH THEMSELVES AND THEIR BUDDIES FOR SIGNS AND SYMPTOMS OF AT RISK OR SUICIDAL BEHAVIORS. LEADERS SHOULD INCLUDE IN THE DISCUSSION POTENTIALLY RISKY BEHAVIORS AND OTHER CAUSES OF SUICIDE TO INCLUDE: (REF ANNEX B - TALKING POINTS)

3.B.(1).(D).1. ALCOHOL ABUSE 3.B.(1).(D).2. ILLEGAL DRUG USE 3.B.(1).(D).3. BROKEN RELATIONSHIPS 3.B.(1).(D).4. NEGATIVE JOB PERFORMANCE 3.B.(1).(D).5. FINANCIAL DIFFICULTY 3.B.(1).(D).6. PENDING UCMJ ACTION 3.B.(1).(D).7. PAST HISTORY OF HIGH RISK BEHAVIOR 3.B.(1).(E). TRAINING MATERIALS REQUIRED FOR COMPLETION OF STAND-DOWN TRAINING INCLUDE:

3.B.(1).(E).1. "BEYOND THE FRONT" INTERACTIVE VIDEO (GTA 12-01-004)

3.B.(1).(E).2. "BEYOND THE FRONT" FACILITATOR GUIDE 3.B.(1).(E).3. ACE

INTERVENTION CARD (GTA 12-01-003) DATED MAY 2008 (ON-LINE) 3.B.(1).(E).4. SUICIDE PREVENTION TRAINING TIP CARD (USACHPPM TA 074-0507) (ON-LINE) 3.B.(1).(E).5. TALKING POINTS TO FACILITATE TRAINING (ANNEX B) 3.B.(1).(F). THE VIDEO AND FACILITATOR GUIDE ARE AVAILABLE FOR DOWNLOAD FOR REMOTE SITE UNITS OR UNITS THAT DID NOT RECEIVE THROUGH OTHER DISTRIBUTION AT [HTTPS://WWW.US.ARMY.MIL/SUITE/PAGE/603513](https://www.us.army.mil/suite/page/603513). THE VIDEO DOWNLOAD IS RESTRICTED TO SERGEANTS MAJOR / COMMAND SERGEANTS MAJOR AND FIELD GRADE OFFICERS.

3.B.(1).(G). COMMANDERS MAY ADD AND CONDUCT ADDITIONAL TRAINING AT COMMAND DISCRETION. ADDITIONAL AND OPTIONAL TRAINING SUPPORT MATERIAL MAY BE DOWNLOADED FROM THE USACHPPM WEBSITE LOCATED AT [HTTPS://WWW.US.ARMY.MIL/SUITE/PAGE/503094](https://www.us.army.mil/suite/page/503094). AKO LOGIN IS REQUIRED TO ACCESS THIS WEBSITE.

3.B.(2). **PHASE II. CHAIN TEACH, 15 MAR 09 TO 15 JULY 09.**

3.B.(2).(A). UNITS PREPARE DELIBERATELY FOR CONDUCT OF A CHAIN TEACH SESSION FOR ALL SOLDIERS AND DA CIVILIANS, AND FAMILY MEMBERS. CHAIN TEACH IS CONDUCTED AT ALL LEVELS, BUT ULTIMATELY SOLDIERS SHOULD RECEIVE THIS TRAINING FROM THEIR SQUAD, SECTION OR TEAM LEADER, OR FIRST LINE SUPERVISOR EQUIVALENT. CHAIN TEACH DEVELOPS AN INCREASED AWARENESS IN COMMANDERS, LEADERS AT ALL LEVELS, SOLDIERS, DA CIVILIANS, AND FAMILY MEMBERS OF RISK FACTORS, SUICIDAL BEHAVIOR WARNING SIGNS AND HOW TO INTERVENE ON SOLDIERS' BEHALF.

3.B.(2).(B). CONDUCT OF CHAIN TEACH IN THIS PHASE NEEDS TO INVOLVE SQUAD, SECTION OR TEAM LEADERS, AND OTHER FIRST LINE SUPERVISORS. COMMANDERS PLAN CONDUCT OF TRAINING TO INCLUDE UTILIZATION OF THE "SHOULDER TO SHOULDER, NO SOLDIER STANDS ALONE" FACILITATOR GUIDE AND VIDEO. THIS TRAINING FOCUSES ON IMPROVEMENT OF SOLDIERS' ABILITY TO RECOGNIZE RISK BEHAVIORS AND SUICIDAL BEHAVIORS, AND HOW TO INTERVENE TO PREVENT SUICIDAL BEHAVIOR.

3.B.(2).(C). COMMANDERS WILL MAKE THE SUICIDE PREVENTION TIP CARD DEVELOPED BY USACHPPM (TA-074-0507), AND ALL OTHER TRAINING MATERIALS AVAILABLE THROUGH SERVICING TASCs OR ON LINE TO SUPPORT THIS TRAINING. COMMANDERS AND LEADERS SHOULD REEMPHASIZE THE USE OF THE ACE (ASK, CARE AND ESCORT) CARD, AND DEMONSTRATE PRACTICAL USE OF THE ACE APPROACH TO HELP A FELLOW SOLDIER IN NEED. LEADERS SHOULD ENSURE THAT SOLDIERS WHO HAVE NOT PREVIOUSLY RECEIVED AN ACE CARD RECEIVE ONE IN CONJUNCTION WITH THIS TRAINING.

3.B.(2).(D). TRAINING MATERIALS REQUIRED FOR COMPLETION OF CHAIN TEACH TRAINING INCLUDE:

3.B.(2).(D).1. "SHOULDER TO SHOULDER, NO SOLDIER STANDS ALONE" VIDEO.

3.B.(2).(D).2. "SHOULDER TO SHOULDER, NO SOLDIER STANDS ALONE" FACILITATOR GUIDE.

3.B.(2).(D).3. ACE INTERVENTION CARD (GTA 12-01-003) DATED MAY 08.

3.B.(2).(D).4. SUICIDE PREVENTION TRAINING TIP CARD (GTA 12-01-006).

3.B.(2).(D).5. VIGNETTES FOR ROLE PLAY (CONTAINED IN THE SHOULDER TO SHOULDER FACILITATOR GUIDE).

3.B.(2).(D).6. TALKING POINTS TO FACILITATE TRAINING (ANNEX B).

3.B.(2).(E). COMMANDERS MAY CONDUCT ADDITIONAL TRAINING AT THEIR DISCRETION. ADDITIONAL AND OPTIONAL TRAINING SUPPORT MATERIAL MAY BE LOADED FROM THE USACHPPM WEBSITE LOCATED AT [HTTPS://WWW.US.ARMY.MIL/SUITE/PAGE/503094](https://www.us.army.mil/suite/page/503094). AKO LOGIN IS REQUIRED TO ACCESS THIS WEBSITE.

3.B.(3). **PHASE III. SUSTAINMENT. BEGINS 15 FEB 09, RUNS CONCURRENTLY WITH PHASES I AND II, AND CONTINUES INDEFINITELY. THIS PHASE ESTABLISHES ROUTINE MANDATORY ANNUAL TRAINING REQUIREMENTS, AND INSTITUTIONALIZES ARMY SUICIDE PREVENTION TRAINING IN ARMY POLICY AND PROCEDURES 3.B.(3).(A). UNITS WILL BEGIN TO CONDUCT ANNUAL SUICIDE PREVENTION TRAINING. TRAINING RECORDS ARE KEPT AT UNIT LEVEL SIMILAR TO THOSE CURRENTLY REQUIRED FOR APFT AND MARKSMANSHIP TRAINING. UNITS WILL CONDUCT SUICIDE PREVENTION TRAINING THROUGHOUT THE DEPLOYMENT CYCLE SUPPORT**

(DCS) IN ACCORDANCE WITH THE DCS DIRECTIVE. SUICIDE PREVENTION TRAINING IS MADE AVAILABLE BY COMMANDERS TO FAMILY READINESS GROUP LEADERSHIP AND THE GROUPS THEMSELVES IN CONJUNCTION WITH REGULARLY SCHEDULED MEETINGS. FAMILY MEMBERS ARE ENCOURAGED TO PARTICIPATE AS THEY ARE AN IMPORTANT BEHAVIORAL HEALTH INFLUENCER AND COULD ALSO BE A POTENTIALLY AT RISK POPULATION.

3.B.(3).(B). BEHAVIORAL HEALTH PROVIDERS WILL CONTINUALLY REVIEW AND UPDATE TRAINING MATERIALS. THE ASPP GENERAL OFFICER STEERING COMMITTEE (GOSC) WILL DIRECT ADDITIONAL TRAINING MATERIALS AND APPROVE CONTENT.

3.C. TASKS TO ARMY COMMANDS, ARMY SERVICE COMPONENT COMMANDS AND DIRECT REPORTING UNITS.

3.C.(1). GENERAL. COMMUNICATE INSTRUCTIONS TO ALL UNITS AND ORGANIZATIONS, ACTIVE, NATIONAL GUARD AND RESERVE FOR EXECUTION IN ACCORDANCE WITH ESTABLISHED TIMELINES. MONITOR FOR COMPLIANCE AND REPORT TO THE ARMY G-1 WHEN TRAINING REQUIREMENTS HAVE BEEN COMPLETED FOR ALL UNITS AND ORGANIZATIONS WITHIN THE COMMAND. USE STRATEGIC COMMUNICATION GUIDANCE AT ANNEX A FOR GUIDANCE WITH THEMES AND MESSAGES SPECIFIC TO THE ARMY SUICIDE PREVENTION PROGRAM.

3.C.(1).(A). PHASE I, STAND-DOWN. DIRECT ALL UNITS AND ORGANIZATIONS TO SCHEDULE AND COMPLETE STAND-DOWN TRAINING FOR ALL SOLDIERS AND DA CIVILIANS WITHIN RESPECTIVE COMMANDS NOT LATER THAN 15 MAR 09. REPORT COMPLETION OF STAND-DOWN TRAINING IN ACCORDANCE WITH PARAGRAPH 3.D.4.

3.C.(1).(B). PHASE II, CHAIN TEACH. DIRECT ALL UNITS AND ORGANIZATIONS TO SCHEDULE AND COMPLETE CHAIN TEACH TRAINING FOR ALL SOLDIERS AND DA CIVILIANS WITHIN RESPECTIVE COMMANDS BETWEEN 15 MAR 09 AND 15 JUL 09. REPORT COMPLETION OF CHAIN TEACH TRAINING IN ACCORDANCE WITH PARAGRAPH 3.E.(4).

3.C.(1).(C). PHASE III, SUSTAINMENT. CONDUCT SUICIDE PREVENTION TRAINING ANNUALLY. CONDUCT SUICIDE PREVENTION TRAINING AS PART OF DEPLOYMENT CYCLE SUPPORT IN ACCORDANCE WITH THE DCS DIRECTIVE AND SUPPORTING CHECKLISTS. MAKE SUICIDE PREVENTION TRAINING AVAILABLE AND ENCOURAGED ITS USE BY FAMILY READINESS GROUPS AND DURING FRG MEETINGS.

3.C.(1).(D). COMMANDERS WILL MAKE PHASE I, II AND III TRAINING AND TRAINING MATERIALS AVAILABLE TO FAMILY SUPPORT GROUPS AND OTHER APPROPRIATE FAMILY FORUMS.

3.C.(1).(E). COMPLETION OF THESE TASKS IS REQUIRED OF ARMY NATIONAL GUARD AND ARMY RESERVE UNITS, OR THE COMMAND, ARMY SERVICE COMPONENT COMMAND OR DIRECT REPORTING UNIT TO WHICH ASSIGNED. ARNG UNITS REPORT COMPLETION OF PHASE I AND PHASE II TRAINING REQUIREMENTS TO THE G3 THROUGH THE DIRECTOR OF THE ARMY NATIONAL GUARD. ARMY RESERVE UNITS REPORT THROUGH USARC, OR TO OTHER COMMAND, ARMY SERVICE COMPONENT COMMAND OR DIRECT REPORTING UNIT TO WHICH ASSIGNED.

3.C.2. TRADOC. DISTRIBUTE THROUGH TRAINING AND AUDIO VISUAL SUPPORT CENTERS (TASC) "BEYOND THE FRONT" VIDEOS AT A RATE NOT TO EXCEED 4 COPIES OF THE VIDEO PER BATTALION IN PHASE I. IN PHASE II, MAKE DISTRIBUTE: 1) ACE INTERVENTION CARDS (GTA 12-01-003) SUFFICIENT TO MEET UNITS' REQUIREMENTS, 2) SUICIDE PREVENTION TRAINING TIP CARDS (GTA 12-01-006) AND 3) "SHOULDER TO SHOULDER: NO SOLDIER STANDS ALONE" VIDEO. DURING PHASE III, CONSIDER PROFESSIONAL DEVELOPMENT COURSES AND INCORPORATE SUICIDE PREVENTION TRAINING INTO PME FOR LEADERS WHERE APPROPRIATE. BE PREPARED TO PRESENT CONCEPT OF INCORPORATING SUICIDE PREVENTION TRAINING INTO PME TO THE ASPP GOSC FOR APPROVAL.

3.C.3. IMCOM. PROVIDE SUBJECT MATTER EXPERTISE IN SUICIDE PREVENTION AND SUBSTANCE ABUSE TO PREPARE COMMANDERS AND LEADERS AS THE PRIMARY TRAINERS (I.E., CHAPLAINS, ARMY SUBSTANCE ABUSE PROGRAM, AND FAMILY ADVOCACY PROGRAM) AND USE OF AVAILABLE INSTALLATION FACILITIES TO AUGMENT UNITS' TRAINING ACTIVITIES AS REQUESTED CONSISTENT WITH MISSION REQUIREMENTS.

3.D. TASKS TO THE ARMY STAFF.

3.D.(1). DEPUTY CHIEF OF STAFF, G-1. POLICY PROPONENT FOR ARMY HEALTH PROMOTION, CO-CHAIR OF THE ARMY SUICIDE PREVENTION GENERAL OFFICER STEERING COMMITTEE, AND RESPONSIBLE TO PLAN AND PROVIDE GUIDANCE FOR EXECUTION OF SUICIDE PREVENTION STAND-DOWN AND CHAIN TEACH PHASES. MONITORS AND REPORTS TO VCSA ANNUALLY THE STATUS OF ASPP TRAINING DURING SUSTAINMENT PHASE. DIRECT TRAINING MATERIALS FOR UNITS' USE AND MONITOR THE STATUS OF PROCUREMENT. ENSURES APPROPRIATE TRAINING REGULATIONS ARE UPDATED TO REQUIRE SUICIDE PREVENTION TRAINING TO SUPPORT BOTH THE ANNUAL REQUIREMENT AND THE DEPLOYMENT CYCLE SUPPORT TASKS.

3.D.(2). DEPUTY CHIEF OF STAFF, G-3/5/7. PROMULGATE GUIDANCE AND INSTRUCTIONS TO THE ARMY FOR EXECUTION OF STAND-DOWN AND CHAIN TEACH REQUIREMENTS. INCORPORATE ANNUAL SUICIDE PREVENTION TRAINING INTO REVISION OF APPROPRIATE TRAINING REGULATIONS.

3.D.(3). CENTER FOR HEALTH PROMOTION AND PREVENTIVE MEDICINE. PROVIDE USE OF WEBSITE FROM WHICH ELECTRONIC VERSIONS OF TRAINING MATERIALS MAY BE LOADED.

3.D.(4). SURGEON GENERAL. OVERALL PROPONENT FOR HEALTH CARE, AND CO-CHAIR OF THE ARMY SUICIDE PREVENTION GENERAL OFFICER STEERING COMMITTEE.

3.D.(5). CHIEF OF CHAPLAINS. ENSURE CHAPLAINS ARE PREPARED TO OFFER PASTORAL AND TRAINING SUPPORT TO SOLDIERS AND LEADERS DURING ALL PHASES OF THE STAND-DOWN.

3.D.(6). DIRECTOR, ARMY NATIONAL GUARD. PROVIDE INSTRUCTIONS TO ARMY NATIONAL GUARD LEADERSHIP FOR EXECUTION AND COMPLIANCE OF STAND-DOWN AND CHAIN TEACH TRAINING REQUIREMENTS. DIRECT NATIONAL GUARD COMMANDERS TO COMPLY WITH TASKS TO ARMY COMMANDS, ARMY SERVICE COMPONENT COMMANDS AND DIRECT REPORTING UNITS. REPORT COMPLETION OF PHASE I AND PHASE II TRAINING REQUIREMENTS TO THE ARMY OPERATIONS CENTER, ATTN: DAMO-TRL IN ACCORDANCE WITH PARAGRAPH 3.E.(4).

3.D.(7). CHIEF, ARMY RESERVE. ENSURE INSTRUCTIONS ARE COMMUNICATED TO AND ALL ARMY RESERVE COMMANDERS UNDERSTAND THE REQUIREMENT TO COMPLY WITH TASKS TO ARMY COMMANDS, ARMY SERVICE COMPONENT COMMANDS AND DIRECT REPORTING UNITS. REPORTS OF COMPLETION OF PHASE I AND PHASE II TRAINING ARE TO BE PROVIDED TO THE ARMY OPERATIONS CENTER, ATTN: DAMO-TRL THROUGH THE COMMAND, SERVICE COMPONENT COMMAND OR DIRECT REPORTING UNIT TO WHICH THE UNIT IS ASSIGNED.

3.D.(8). CHIEF OF PUBLIC AFFAIRS. DEVELOP COMMUNICATION PLAN TO ANNOUNCE THE STAND-DOWN AND CHAIN TEACH DIRECTED BY THIS EXORD. MONITOR AND REVISE PUBLIC AFFAIRS GUIDANCE CONTAINED IN ANNEX A AS APPROPRIATE.

3.D.(9). CHIEF OF LEGISLATIVE LIAISON. COORDINATE AND SYNCHRONIZE CONGRESSIONAL NOTIFICATION AS REQUIRED. NOTIFY PROFESSIONAL STAFF MEMBERS OF IMPENDING ACTION AS DIRECTED IN THIS EXORD.

3.E. COORDINATING INSTRUCTIONS.

3.E.(1). THIS EXORD AUTHORIZES EXECUTION OF THE TASKS AND PHASES OF THE SUICIDE PREVENTION TRAINING DESCRIBED ABOVE.

3.E.(2). DIRECT LIAISON IS AUTHORIZED TO COORDINATE AND EXECUTE TASKS AND PHASES.

3.E.(3). TIMELINE.

3.E.(3).(A). 15 FEB 09 - BEGIN PHASE I. PHASE III ALSO BEGINS AND RUNS CONCURRENTLY.

3.E.(3).(B). 15 MAR 09 - END PHASE I, BEGIN PHASE II. PHASE III RUNS CONCURRENTLY.

3.E.(3).(C). 15 APR 09 - COMPLETE REPORTING OF PHASE I COMPLIANCE STATUS.

3.E.(3).(D). 15 JUL 09 - END PHASE II.

3.E.(3).(E). 15 AUG 09 - COMPLETE REPORTING OF PHASE II COMPLIANCE STATUS.

3.E.(4). **REPORTING REQUIREMENTS.**

3.E.(4).(A). **STAND DOWN:** ARMY COMMANDS, DIRECTOR ARMY NATIONAL GUARD, ARMY STAFF, ARMY SERVICE COMPONENT COMMANDS, AND DIRECT REPORTING UNITS WILL REPORT COMPLETION OF STAND DOWN AND CHAIN TEACH VIA RECORD TRAFFIC TO THE ARMY

OPERATIONS CENTER, ATTN: DAMO-TRL IN ACCORDANCE WITH ANNEX C NLT 31 MAR 09 AND A FINAL COMPLETION REPORT NLT 15 APR 09. ARNG OR USAR UNITS LACKING A SCHEDULED DRILL OR BATTLE ASSEMBLY DURING THIS 30-DAY STAND-DOWN PERIOD WILL REPORT INITIAL COMPLETION STATUS ON 15 APR 09 AND CONTINUALLY REPORT ON THE 15TH OF EACH MONTH UNTIL COMPLETION DURING THE NEXT SCHEDULED DRILL OR BATTLE ASSEMBLY.

3.E.(4).(B). CHAIN TEACH: ARMY COMMANDS, DIRECTOR ARMY NATIONAL GUARD, ARMY STAFF, ARMY SERVICE COMPONENT COMMANDS, AND DIRECT REPORTING UNITS WILL REPORT COMPLETION OF STAND DOWN AND CHAIN TEACH VIA RECORD TRAFFIC TO THE ARMY OPERATIONS CENTER, ATTN: DAMO-TRL IN ACCORDANCE WITH ANNEX C NLT 15 APR 09 AND CONTINUALLY REPORT ON THE 15TH OF EACH MONTH WITH THE FINAL COMPLETION REPORT DUE NLT 15 AUG 09.

3.F. COMMANDER'S CRITICAL INFORMATION REQUIREMENTS (CCIR):

3.F.(1). UNITS THAT CANNOT MEET PHASE I REQUIREMENTS BEFORE 15 MAR 09.

3.F.(2). UNITS THAT CANNOT ACCESS ALL REQUIRED TRAINING MATERIALS.

3.F.(3). EVENTS THAT MAY RECEIVE NEGATIVE MEDIA ATTENTION.

3.F.(4). UNSCHEDULED VISITS BY DISTINGUISHED VISITORS DURING CONDUCT OF PHASE I OR PHASE II TRAINING.

3.F.(5). WHETHER ANY SOLDIERS OR DA CIVILIANS HAVE EXPERIENCED SUICIDAL IDEATION OR OTHER SUICIDAL BEHAVIOR THAT MAY BE ATTRIBUTED TO THE "BEYOND THE FRONT" INTERACTIVE VIDEO OR ANY OF THE OTHER TRAINING MATERIALS USED.

4. (U) **SERVICE SUPPORT.**

4.A. PHASE I. 13,500 COPIES OF THE "BEYOND THE FRONT" WERE SHIPPED TO CONUS AND OCONUS LOCATIONS ON 2 FEB 09 AND WILL ARRIVE IN THEATER BY STAND-DOWN START DATE. THE "BEYOND THE FRONT" VIDEO IS AVAILABLE FOR DOWNLOAD TO SGM / CSM AND FIELD GRADE OFFICERS ONLINE AT <HTTPS://WWW.US.ARMY.MIL/SUITE/PAGE/603513> FOR REMOTE UNITS UNABLE TO ACCESS TASC. THE "BEYOND THE FRONT" FACILITATOR GUIDE IS AVAILABLE ON-LINE TO DOWNLOAD AND USE FROM WEBSITE

<HTTPS://WWW.US.ARMY.MIL/SUITE/PAGE/603513>. ACE AND SUICIDE TRAINING TIP CARDS ARE AVAILABLE EITHER THROUGH TASC OR ON-LINE TO LOAD AND USE FROM WEBSITE <HTTPS://WWW.US.ARMY.MIL/SUITE/PAGE/603513>.

4.B. PHASE II. 50,000 COPIES OF THE "SHOULDER TO SHOULDER: NO SOLDIER STANDS ALONE" VIDEO WILL BE SHIPPED TO CONUS AND OCONUS LOCATIONS BY 2 MAR 09 AND WILL ARRIVE IN THEATER BY THE CHAIN TEACH START DATE. AN ON-LINE VIDEO LINK WILL BE PROVIDED BY SEPARATE COMMUNICATION. THE "SHOULDER TO SHOULDER" FACILITATOR GUIDE WILL BE POSTED ON-LINE AT WEBSITE <HTTPS://WWW.US.ARMY.MIL/SUITE/PAGE/603513>.

SUICIDE PREVENTION TRAINING TIP AND ACE INTERVENTION CARDS ARE ALSO DISTRIBUTED THROUGH SERVICING TASCs OR ON-LINE TO DOWNLOAD AND USE FROM WEBSITE

<HTTPS://WWW.US.ARMY.MIL/SUITE/PAGE/603513>.

4.C. PHASE III. COMMANDERS MAY REUSE MATERIALS PROVIDED FOR PHASE I AND II. THE "COMMANDER'S TOOL KIT" IS AVAILABLE NOW AT <HTTP://WWW.ARMYG1.ARMY.MIL/HR/SUICIDE/DEFAULT.ASP>. ADDITIONAL TRAINING MATERIALS AND RESOURCES WILL BE PROVIDED AS THEY BECOME AVAILABLE.

5. (U) **COMMAND AND SIGNAL**

5.A. THE VCSA IS RESPONSIBLE TO OVERSEE THE ARMY SUICIDE PREVENTION PROGRAM. THE ASPP GENERAL OFFICER STEERING COMMITTEE DEVELOPS AND PROVIDES RECOMMENDATIONS ON ARMY POLICY AND OTHER DECISIONS.

5.B. THE ARMY G1, HUMAN RESOURCE POLICY DIRECTORATE, COMMAND POLICY PROGRAMS DIVISION IS RESPONSIBLE FOR THE MANAGEMENT OF THE ARMY SUICIDE PREVENTION PROGRAM. THE PROGRAM MANAGER IS MR. WALTER O. MORALES, (703) 604-0620, WALTER.MORALES@HQDA.ARMY.MIL.

6. EXPIRATION OF THIS ALARACT CANNOT BE DETERMINED.

ACKNOWLEDGE :

CASEY
GEN

OFFICIAL :
THURMAN
DEPUTY CHIEF OF STAFF, G-3/5/7

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