

**VOLUME XI**  
**SENIOR REVIEW GROUP (SRG)**  
**THEMES/TRENDS and/or LESSONS LEARNED**  
**January 2011 SRGS**

**1. Theme: Senior Soldiers Cluster**

- Leaders be vigilant with all Soldiers in your unit; junior and senior level.
- Senior Soldiers “do not” cry out - monitor these Soldiers with the same passion.
- Soldier’s stature, rank or position does not negate suicide.
- Leaders need attention; they’re not exempt from suicide
- Senior Soldiers also experience depression and isolation; therefore, Leaders must ensure every form of support is open to these Soldier’s needs.

**2. Theme: Recognize the “Chain of Command responsibilities**

- Shield the “high risk” Soldier involved in domestic violence; implement an effective system that takes care of these Soldiers
- Be cognizant of your Soldier’s background... they’re within your Command.
- Lack of information sharing between Behavioral Health and the chain of command, contributes to failure when it comes to the Soldier receiving much needed treatment...sharing is critical!
- First line supervisors must work to maintain contact with all your Soldiers; contact them more consistently and/or as necessary ... that’s part of your responsibility.

**3. Theme: No matter how hard it’s tried; not all Relationships are positive**

- When Soldiers express relationship struggles - give them 100% attention .
- Leaders stay educated; identify the trends related to a person in need of help.
- Stress combined with a troubled marriage equals a “situation” that a Soldier may have difficulty in trying to overcome.
- Building issues can equal “Troubled Relationships”.
- Establish procedures/monitoring system for Soldier’s who experience relationship issues that will put them at risk.

- First line supervisors are encouraged to keep a closer eye on all their Soldiers and to contact Soldiers more frequently.

- It is vital that leaders encourage Positive Relationships.

#### **4. Theme: Open Communication**

- Effective communication is essential!

- Soldiers must “feel” a Command climate that allows them to be open.

- Discuss your problems with not only fellow Soldiers; but with chain of command and leadership.

- Essential Soldiers must feel comfortable enough to notify the chain of command surrounding issues or persons they have concern for.

- Develop a keen ear toward “open communication” it helps to identify warning signs.

#### **5. Theme: Return Deployment Uncertainties**

- Watch Soldiers closely for signs of individual, family and relationship issues.

- Utilize behavioral health teams for post deployment sensing sessions; a requirement that is essential for returning units.

- As Soldiers return from theater, they “might attempt” to hide the fact that they’re experiencing problems...be aware!