

**DEPARTMENT OF THE ARMY**  
WASHINGTON, DC

19 January 2012

INFORMATION FOR MEMBERS OF CONGRESS

SUBJECT: Army Releases December and Calendar Year 2011 Suicide Data

The Army released suicide data today for the month of December and calendar year (CY) 2011. During December, among active-duty soldiers, there were 11 potential suicides: two have been confirmed as suicide, and nine remain under investigation. For November, the Army reported seven potential suicides among active-duty soldiers. Since the release of that report, five have been confirmed as a suicide, and two remain under investigation. For CY 2011 there were 164 potential active-duty suicides of which 140 have been confirmed as suicides, and 24 remain under investigation.

During December, among reserve component soldiers who were not on active duty, there were five potential suicides (four Army National Guard and one Army Reserve): three have been confirmed as suicide and two remain under investigation. For November, among that same group, there were eight potential suicides. Since the release of that report, three cases have been added for a total of 11 cases (11 Army National Guard and no Army Reserve). Of those, nine were confirmed as suicides and two remain under investigation. For CY 2011, there were 114 potential not on active duty suicides (80 National Guard and 34 Army Reserve): 102 have been confirmed as suicide, and 12 remain under investigation.

A report released today, *Army 2020 Generating the Health and Discipline of the Force*, referred to as the *Army Gold Book*, represents the next phase in Army health and disciplinary promotion efforts. The report assesses progress made, as well as identifies and addresses remaining gaps in policy, programs and procedures relating to Soldier health and discipline since the release of the *Army Red Book* in July 2010. It also underscores the importance of ongoing leader education, tireless commitment and open communication at all levels in assuring that the right choices continue to be made for our Soldiers, the Army and our nation.

“As we look ahead to the strategic reset, transitioning from a predominantly wartime Army to a ready and responsive one, leaders at every level must be actively engaged. They must understand the issues addressed in this report, apply the many lessons learned and, unlike the mostly reactive efforts of the post-Vietnam Army, continue to take a proactive approach to generating health and discipline in the Force. This report should serve as a comprehensive guide, a roadmap of sorts reflecting not only how far we have come in recent years, but more importantly, provide direction as we look ahead to the strategic reset and the many challenges we will inevitably face as we come back home,” according to the Gold book.

Soldiers and families in need of crisis assistance can contact the National Suicide Prevention Lifeline. Trained consultants are available 24 hours a day, 7 days a week, 365 days a year and can be contacted by dialing 1-800-273-TALK (8255) and pressing "1" for Military members and Veterans or by visiting their website at [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org).

The Army's comprehensive list of Suicide Prevention Program information is located at <http://www.preventsuicide.army.mil>

Army leaders can access current health promotion guidance in newly revised Army Regulation 600-63 (Health Promotion) at: [http://www.army.mil/usapa/epubs/pdf/r600\\_63.pdf](http://www.army.mil/usapa/epubs/pdf/r600_63.pdf) and Army Pamphlet 600-24 (Health Promotion, Risk Reduction and Suicide Prevention) at [http://www.army.mil/usapa/epubs/pdf/p600\\_24.pdf](http://www.army.mil/usapa/epubs/pdf/p600_24.pdf).

Suicide prevention training resources for Soldiers, leaders, Department of the Army Civilians, and Family members can be accessed at: [http://www.armyg1.army.mil/hr/suicide/training\\_sub.asp?sub\\_cat=20](http://www.armyg1.army.mil/hr/suicide/training_sub.asp?sub_cat=20) (requires Army Knowledge Online access to download materials).

Information about Military OneSource is located at [www.militaryonesource.com](http://www.militaryonesource.com) or by dialing the toll-free number 1-800-342-9647 for those residing in the continental U.S. Overseas personnel should refer to the Military OneSource Web site for dialing instructions for their specific location.

Information about the Army's Comprehensive Soldier Fitness Program is located at <http://www.army.mil/csf/>.

The Defense Center for Excellence for Psychological Health and Traumatic Brain Injury (DCoE) Outreach Center can be contacted at 1-866-966-1020, via electronic mail at [Resources@DCoEO Outreach.org](mailto:Resources@DCoEO Outreach.org) and at [www.dcoe.health.mil](http://www.dcoe.health.mil).

The website for the American Foundation for Suicide Prevention is <http://www.afsp.org/>, and the Suicide Prevention Resource Council site is found at <http://www.sprc.org/index.asp>.

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