CATEGORIES OF UNAUTHORIZED OF TATTOOS

- Extremist tattoos or brands are those affiliated with, depicting, or symbolizing extremist philosophies, organizations, or activities.
- Indecent tattoos or brands are those that are grossly offensive to modesty, decency, propriety or professionalism.
- Sexist tattoos or brands are those that advocate a philosophy that degrades or demeans a person based on gender.
- Racist tattoos or brands are those that advocate a philosophy that degrades or demeans a person based on race, ethnicity, or national origin.

(AR 670-1, para 3-3)
TATTOO POLICY

- Unauthorized tattoo locations:
  - On the head, face, & neck, (anything above the T-shirt line to include on/inside the eyelids, mouth, & ears)
  - On the wrists or hands, except Soldiers may have one ring tattoo on each hand, below the joint of the bottom segment (portion closest to the palm) of the finger.

(AR 670-1, para 3-3)
TATTOO VALIDATION MEMOS

- Tattoo validation memos are no longer being accepted by HRC for posting to iPERMS.
- Tattoo validation memos will not be deleted or removed from iPERMS.
- ALARACT 082/2014 required Commanders to complete tattoo validation memos as follows:
  - Active Component -
    - Complete memo within 30 days (30 Apr 2014)
    - Upload to iPERMS within 60 days (30 May 2014)
  - Reserve Component -
    - Complete memo within 120 days (31 Jul 2014)
    - Upload to iPERMS within 150 days (31 Aug 2014)
BODY MUTILATION

- Soldiers are prohibited from any form of body mutilation, which is the willful mutilation of the body or any body parts in any manner.
- Does not include authorized medical alterations performed at a medical treatment facility or cosmetic, reconstructive, or plastic surgery procedures normally approved by the Commander.
- Soldiers who entered the Army with approved body mutilation prior to 31 March 2014 may request an exception to policy from HQDA, G-1.

(AR 670-1 and DA Pam 670-1, para 3-3)
Examples of body mutilation include, but are not limited to:

- Tongue bifurcation (splitting of the tongue)
- Ear gauging (enlarged holes in the lobe of the ear, which are beyond the post hole size for conservative earring wearer, no more than 1.6mm)
- Unnatural shaping of the teeth
- Ear pointing (or elfing)
- Scarification (cutting to create intentional scarring)
- Body modifications for the purpose of suspension (hanging by body hooks)

(AR 670-1, para 3-3)