

***** UNCLASSIFIED// *****

Subject: ALARACT 259/2010 - CRISIS INTERVENTION HOTLINE - NATIONAL SUICIDE PREVENTION LIFELINE -1-800-273-TALK (8255)

Originator: /C=US/O=U.S.

GOVERNMENT/OU=DOD/OU=ARMY/OU=ORGANIZATIONS/L=CONUS/L=WASHINGTON DC/OU=DA PENTAGON TELECOMMUNICATIONS(UC)/OU=ALARACT RELEASE AUTHORITY(UC)

DTG: 241649Z Aug 10

Precedence: ROUTINE

DAC: General

To: /C=US/O=U.S. GOVERNMENT/OU=DOD/OU=ARMY/OU=ORGANIZATIONS/OU=ADDRESS LISTS/CN=AL ALARACT(UC)

/C=US/O=U.S. GOVERNMENT/OU=DOD/OU=AUTODIN PLAS/OU=AIG 6-AZ/OU=ALARACT

UNCLASSIFIED//

THIS MESSAGE IS BEING SENT BY THE PENTAGON TELECOMMUNICATION CENTER ON BEHALF OF DA WASHINGTON DC//DAPE-HRPD-IRPD//

SUBJECT: CRISIS INTERVENTION HOTLINE - NATIONAL SUICIDE PREVENTION LIFELINE - 1-800-273-TALK (8255); WWW.SUICIDEPREVENTIONLIFELINE.ORG

1. THE NATIONAL SUICIDE PREVENTION LIFELINE IS A FREE, 24-HOUR CRISIS INTERVENTION HOTLINE (1-800-273-TALK (8255)) AND ONLINE SERVICE (WWW.SUICIDEPREVENTIONLIFELINE.ORG) PROVIDED BY THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA). THE SERVICE IS AVAILABLE TO ANYONE IN SUICIDAL CRISIS OR EMOTIONAL DISTRESS, TO INCLUDE MILITARY MEMBERS AND THEIR FAMILIES INCLUDING ACTIVE DUTY, GUARD, AND RESERVE SERVICE MEMBERS, INDIVIDUAL READY RESERVE, AND INDIVIDUAL MOBILIZATION AUGMENTEES. CREDENTIALLED CONSULTANTS OFFER CONFIDENTIAL SUPPORT 24 HOURS A DAY, 7 DAYS A WEEK / 365 DAYS A YEAR THROUGH PHONE OR ONLINE CONSULTATION.

2. MILITARY ONESOURCE (MOS) [HTTP://WWW.MILITARYONESOURCE.COM](http://WWW.MILITARYONESOURCE.COM) PROVIDES SUPPORT, INFORMATION, AND REFERRALS TO PROFESSIONALLY TRAINED CONSULTANTS ON A WIDE RANGE OF ISSUES - FROM BUDGETING AND INVESTING TO RELATIONSHIPS AND DEPLOYMENT. ADDITIONALLY, MOS CAN ASSIST WITH ARRANGING UP TO 12 FREE, FACE-TO-FACE, SHORT TERM COUNSELING SESSIONS FOR SOLDIERS AND FAMILY MEMBERS. MOS CONTACT INFORMATION: FROM THE U.S., 1-800-342-9647; OUTSIDE THE U.S., (COUNTRY ACCESS CODE) 800-342-9647 (DIAL ALL 11 NUMBERS) OR CALL COLLECT FROM OUTSIDE THE U.S., 484-530-5908; TTY/TTD, 800-346-9188 (HEARING IMPAIRED); OR EN ESPANOL, LLAME AL 1-877-888-0727.

3. ALL COMMENTS TO THIS MESSAGE SHOULD BE ADDRESSED TO THE ARMY SUICIDE PREVENTION OFFICE AT G1SUICIDE@CONUS.ARMY.MIL.

4. EXPIRATION DATE IS AUG 2011.

Classification: UNCLASSIFIED

Caveats: NONE