

//UNCLASSIFIED//

ROUTINE

111510Z MAR 2011

SUBJECT: ACCESS TO CRISIS INTERVENTION SUICIDE PREVENTION HOTLINE FROM IRAQ,
AFGHANISTAN AND KUWAIT

FROM DA WASHINGTON DC//DAPE-HRPD-IRPD//

1. THE NATIONAL SUICIDE PREVENTION LIFELINE IS A FREE, 24-HOUR CRISIS INTERVENTION HOTLINE AVAILABLE TO MILITARY MEMBERS AND DEPARTMENT OF THE ARMY CIVILIANS IN IRAQ, AFGHANISTAN, AND KUWAIT. WHEN DIALING THE TOLL FREE NUMBER, IT IS PRECEDED BY (94) (94-800-273-TALK (8255)). WHEN DIALING FROM OTHER OCONUS LOCATIONS, THE TOLL FREE NUMBER IS PRECEDED BY THE APPROPRIATE DSN ACCESS CODE (I.E., "94", "88", "8"); NO REQUIREMENT EXISTS TO DIAL "1" PRIOR TO DIALING THE DSN ACCESS CODE. ONLINE SERVICES SUCH AS LIVE CHAT WITH A COUNSELOR, INFORMATION ON SUICIDE/MENTAL HEALTH ISSUES, AND CRISIS CENTER LOCATORS ARE AVAILABLE AT WWW.SUICIDEPREVENTIONLIFELINE.ORG.
2. THE NATIONAL SUICIDE PREVENTION LIFELINE IS A CONFIDENTIAL RESOURCE PROVIDED BY THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION. THE SERVICE IS AVAILABLE TO ANYONE IN CRISIS/EMOTIONAL DISTRESS TO INCLUDE MEMBERS OF THE ARMY FAMILY IN THE ABOVE MENTIONED DEPLOYED AND OTHER OCONUS LOCATIONS. CREDENTIALLED CONSULTANTS OFFER SUPPORT AND PRACTICAL SOLUTIONS 24 HOURS A DAY, 7 DAYS A WEEK / 365 DAYS A YEAR THROUGH PHONE OR ONLINE CONSULTATION.
3. HQDA POC FOR THIS MESSAGE IS G1SUICIDE@CONUS.ARMY.MIL OR 703-601-9343/9354. FOR ADDITIONAL INFORMATION VISIT THE ARMY G-1 SUICIDE PREVENTION WEBSITE AT WWW.PREVENTSUICIDE.ARMY.MIL.
4. THIS MESSAGE HAS BEEN APPROVED BY THE DEPUTY CHIEF OF STAFF, G-1.
5. THIS MESSAGE WILL EXPIRE 31 MARCH 2012.

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