



U.S. Department of Defense  
Office of the Assistant Secretary of Defense (Public Affairs)

## News Release

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**IMMEDIATE RELEASE**

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### **Army Releases February 2013 Suicide Information**

The Army released suicide data today for the month of February 2013. During February, among active-duty soldiers, there were 11 potential suicides: three have been confirmed as suicides and eight remain under investigation. For January 2013, the Army reported 19 potential suicides among active-duty soldiers; however, subsequent to the report, another case was added bringing January's total to 20: seven have been confirmed as suicides and 13 are under investigation. For CY 2013, there have been 31 potential active-duty suicides: 10 have been confirmed as suicides and 21 remain under investigation. Updated active-duty suicide numbers for CY 2012: 183 (156 have been confirmed as suicides and 27 remain under investigation).

During February, among reserve component soldiers who were not on active duty, there were 13 potential suicides (eight Army National Guard and five Army Reserve): four have been confirmed and nine are still under investigation. For January 2013, among that same group, the Army reported 14 potential suicides; nine have been confirmed and five cases remain under investigation. For CY 2013, there have been 27 potential not on active duty suicides (14 Army National Guard and 13 Army Reserve): 13 have been confirmed as suicides and 14 remain under investigation. Updated not on active duty suicide numbers for CY 2012: 140 (93 Army National Guard and 47 Army Reserve); 136 have been confirmed as suicides and four remain under investigation.

Soldiers and families in need of crisis assistance can contact the National Suicide Prevention Lifeline. Trained consultants are available 24 hours a day, seven days a week, 365 days a year and can be contacted by dialing 1-800-273-TALK (8255) or by visiting their website at <http://www.suicidepreventionlifeline.org>.

Army leaders can access current health promotion guidance in newly revised Army Regulation 600-63 (Health Promotion) at: [http://www.army.mil/usapa/epubs/pdf/r600\\_63.pdf](http://www.army.mil/usapa/epubs/pdf/r600_63.pdf) and Army Pamphlet 600-24 (Health Promotion, Risk Reduction and Suicide Prevention) at [http://www.army.mil/usapa/epubs/pdf/p600\\_24.pdf](http://www.army.mil/usapa/epubs/pdf/p600_24.pdf).

The Army's comprehensive list of Suicide Prevention Program information is located at <http://www.preventsuicide.army.mil>.

Suicide prevention training resources for Army families can be accessed at [http://www.armyg1.army.mil/hr/suicide/training\\_sub.asp?sub\\_cat=20](http://www.armyg1.army.mil/hr/suicide/training_sub.asp?sub_cat=20) (requires Army Knowledge Online access to download materials).

Information about Military OneSource is located at <http://www.militaryonesource.com> or by dialing the toll-free number 1-800-342-9647 for those residing in the continental United States. Overseas personnel should refer to the Military OneSource website for dialing instructions for their specific location.

Information about the Army's Comprehensive Soldier Fitness Program is located at <http://www.army.mil/csf/>.

The Defense Center for Excellence for Psychological Health and Traumatic Brain Injury (DCoE) Outreach Center can be contacted at 1-866-966-1020, via electronic mail at [Resources@DCoEO Outreach.org](mailto:Resources@DCoEO Outreach.org) and at <http://www.dcoe.health.mil>.

The website for the American Foundation for Suicide Prevention is <http://www.afsp.org/> and the Suicide Prevention Resource Council site is found at <http://www.sprc.org/index.asp>.

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