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News Release

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IMMEDIATE RELEASE

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Army Releases January 2013 Suicide Information

The Army released suicide data today for the month of January 2013. During January, among active-duty soldiers, there were 19 potential suicides: two have been confirmed as suicides and 17 remain under investigation. For December 2012, the Army reported seven potential suicides among active-duty soldiers; however, subsequent to the report, another case was added bringing December's total to eight: five have been confirmed as suicides and three are under investigation.

During January, among reserve component soldiers who were not on active duty, there were 14 potential suicides (six Army National Guard and eight Army Reserve): One has been confirmed and 13 are still under investigation. For December 2012, among that same group, the Army reported 15 potential suicides; since the release of that report, one case has been added for a total of 16 (11 Army National Guard and five Army Reserve): nine have been confirmed and seven cases remain under investigation.

Soldiers and families in need of crisis assistance can contact the National Suicide Prevention Lifeline. Trained consultants are available 24 hours a day, seven days a week, 365 days a year and can be contacted by dialing 1-800-273-TALK (8255) or by visiting their website at <http://www.suicidepreventionlifeline.org>.

Army leaders can access current health promotion guidance in newly revised Army Regulation 600-63 (Health Promotion) at: http://www.army.mil/usapa/epubs/pdf/r600_63.pdf and Army Pamphlet 600-24 (Health Promotion, Risk Reduction and Suicide Prevention) at http://www.army.mil/usapa/epubs/pdf/p600_24.pdf.

The Army's comprehensive list of Suicide Prevention Program information is located at <http://www.preventsuicide.army.mil>.

Suicide prevention training resources for Army families can be accessed at http://www.armyg1.army.mil/hr/suicide/training_sub.asp?sub_cat=20 (requires Army Knowledge Online access to download materials).

Information about Military OneSource is located at <http://www.militaryonesource.com> or by dialing the toll-free number 1-800-342-9647 for those residing in the continental United States. Overseas personnel should refer to the Military OneSource website for dialing instructions for their specific location.

Information about the Army's Comprehensive Soldier Fitness Program is located at <http://www.army.mil/csf/>.

The Defense Center for Excellence for Psychological Health and Traumatic Brain Injury (DCoE) Outreach Center can be contacted at 1-866-966-1020, via electronic mail at Resources@DCoEOutreach.org and at <http://www.dcoe.health.mil>.

The website for the American Foundation for Suicide Prevention is <http://www.afsp.org/> and the Suicide Prevention Resource Council site is found at <http://www.sprc.org/index.asp>.
