



**U.S. Department of Defense**  
Office of the Assistant Secretary of Defense (Public Affairs)

## News Release

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**IMMEDIATE RELEASE**

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### **Army Releases March 2013 Suicide Information**

The Army released suicide data today for the month of March 2013. During March, among active-duty soldiers, there were 10 potential suicides: three have been confirmed as suicides and seven remain under investigation. For February 2013, the Army reported 11 potential suicides among active-duty soldiers; four have been confirmed as suicides and seven are under investigation. For 2013, there have been 41 potential active-duty suicides: 15 have been confirmed as suicides and 26 remain under investigation. Updated active-duty suicide numbers for 2012: 184 (158 have been confirmed as suicides and 26 remain under investigation).

During March 2013, among reserve component soldiers who were not on active duty, there were 12 potential suicides (eight Army National Guard and four Army Reserve): none have been confirmed as suicides and 12 remain under investigation. For February 2013, among that same group, the Army reported 14 potential suicides (eight Army National Guard and six Army Reserve); six have been confirmed as suicides and eight cases remain under investigation. For 2013, there have been 40 potential not on active duty suicides (22 Army National Guard and 18 Army Reserve): 19 have been confirmed as suicides and 21 remain under investigation. Updated not on active duty suicide numbers for 2012: 140 (93 Army National Guard and 47 Army Reserve); 138 have been confirmed as suicides and two remain under investigation.

Soldiers and families in need of crisis assistance can contact the National Suicide Prevention Lifeline. Trained consultants are available 24 hours a day, seven days a week, 365 days a year and can be contacted by dialing 1-800-273-TALK (8255) or by visiting their website at <http://www.suicidepreventionlifeline.org>.

The Army's comprehensive list of Suicide Prevention Program information is located at <http://www.preventsuicide.army.mil>.

Information about the Army's Ready and Resilient campaign is located at <http://www.army.mil/readyandresilient>.

Army leaders can access current health promotion guidance in newly revised Army Regulation 600-63 (Health Promotion) at [http://www.army.mil/usapa/epubs/pdf/r600\\_63.pdf](http://www.army.mil/usapa/epubs/pdf/r600_63.pdf) and Army Pamphlet 600-24 (Health Promotion, Risk Reduction and Suicide Prevention) at [http://www.army.mil/usapa/epubs/pdf/p600\\_24.pdf](http://www.army.mil/usapa/epubs/pdf/p600_24.pdf).

The Army's comprehensive list of Suicide Prevention Program information is located at <http://www.preventsuicide.army.mil>.

Suicide prevention training resources for Army families can be accessed at [http://www.army1.army.mil/hr/suicide/training\\_sub.asp?sub\\_cat=20](http://www.army1.army.mil/hr/suicide/training_sub.asp?sub_cat=20) (requires Army Knowledge Online access to download materials).

Information about Military OneSource is located at <http://www.militaryonesource.com> or by dialing the toll-free number 1-800-342-9647 for those residing in the continental United States. Overseas personnel should refer to the Military OneSource website for dialing instructions for their specific location.

Information about the Army's Comprehensive Soldier Fitness Program is located at <http://www.army.mil/csf/>.

The Defense Center for Excellence for Psychological Health and Traumatic Brain Injury (DCoE) Outreach Center can be contacted at 1-866-966-1020, via electronic mail at [Resources@DCoEO Outreach.org](mailto:Resources@DCoEO Outreach.org) and at <http://www.dcoe.health.mil>.

The website for the American Foundation for Suicide Prevention is <http://www.afsp.org/> and the Suicide Prevention Resource Council site is found at <http://www.sprc.org/index.asp> .

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