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**News Release**

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**IMMEDIATE RELEASE**

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**Army Releases November Suicide Data**

The Army released suicide data today for the month of November. During November, among active-duty soldiers, there were 12 potential suicides: one has been confirmed as a suicide and 11 remain under investigation. For October, the Army reported 20 potential suicides among active-duty soldiers; since the release of that report, one case has been removed for a total of 19 cases: nine have been confirmed as suicides and 10 remain under investigation. For 2012, there have been 177 potential active-duty suicides: 113 have been confirmed as suicides and 64 remain under investigation. Active-duty suicide number for 2011: 165 confirmed as suicides and no cases under investigation.

During November, among reserve component soldiers who were not on active duty, there were 15 potential suicides (12 Army National Guard and three Army Reserve): two have been confirmed as suicide and 13 remain under investigation. For October, among that same group, the Army reported 13 potential suicides; since the release of that report, one case has been removed for a total of 12 cases (eight Army National Guard and four Army Reserve); six have been confirmed as suicides and six remain under investigation. For 2012, there have been 126 potential not on active-duty suicides (84 Army National Guard and 42 Army Reserve): 97 have been confirmed as suicides and 29 remain under investigation. Not on active-duty suicide numbers for 2011: 118 (82 Army National Guard and 36 Army Reserve) confirmed as suicides and no cases under investigation.

"As part of the Army's team-based and holistic approach to suicide prevention and stigma reduction, Army chaplains remain committed to fostering a resilient and ready force by enhancing strength, reducing stigma and encouraging help-seeking behaviors," said the Army's Maj. Gen. Donald L. Rutherford, Chief of Chaplains. "Our soldiers, families and civilians are our most precious resource, and the chaplaincy embodies the best of our Army values when it proclaims hope, embraces community, and stands with those who feel they stand alone."

Soldiers and families in need of crisis assistance can contact the National Suicide Prevention Lifeline. Trained consultants are available 24 hours a day, seven days a week, 365 days a year and can be contacted by dialing 1-800-273-TALK (8255) or by visiting their website at <http://www.suicidepreventionlifeline.org>.

Army leaders can access current health promotion guidance in newly revised Army Regulation 600-63 (Health Promotion) at: [http://www.army.mil/usapa/epubs/pdf/r600\\_63.pdf](http://www.army.mil/usapa/epubs/pdf/r600_63.pdf) and Army Pamphlet 600-24 (Health Promotion, Risk Reduction and Suicide Prevention) at [http://www.army.mil/usapa/epubs/pdf/p600\\_24.pdf](http://www.army.mil/usapa/epubs/pdf/p600_24.pdf).

The Army's comprehensive list of Suicide Prevention Program information is located at <http://www.preventsuicide.army.mil>.

Suicide prevention training resources for Army families can be accessed at [http://www.armyg1.army.mil/hr/suicide/training\\_sub.asp?sub\\_cat=20](http://www.armyg1.army.mil/hr/suicide/training_sub.asp?sub_cat=20) (requires Army Knowledge Online access to download materials).

Information about Military OneSource is located at <http://www.militaryonesource.com> or by dialing the toll-free number 1-800-342-9647 for those residing in the continental United States. Overseas personnel should refer to the Military OneSource website for dialing instructions for their specific location.

Information about the Army's Comprehensive Soldier Fitness Program is located at <http://www.army.mil/csf/>.

The Defense Center for Excellence for Psychological Health and Traumatic Brain Injury (DCoE) Outreach Center can be contacted at 1-866-966-1020, via electronic mail at [Resources@DCoEO Outreach.org](mailto:Resources@DCoEO Outreach.org) and at <http://www.dcoe.health.mil>.

The website for the American Foundation for Suicide Prevention is <http://www.afsp.org/> and the Suicide Prevention Resource Council site is found at <http://www.sprc.org/index.asp>.