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News Release

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IMMEDIATE RELEASE

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Army Releases September Suicide Data

The Army released suicide data today for the month of September. During September, among active-duty soldiers, there were 15 potential suicides: one has been confirmed as suicide and 14 remain under investigation. For August, the Army reported 16 potential suicides among active-duty soldiers. Since the release of that report, one case was removed for a total of 15 cases: five have been confirmed as suicides and 10 remain under investigation. For 2012, there have been 146 potential active-duty suicides: 91 have been confirmed as suicides and 55 remain under investigation. Active-duty suicide number for 2011: 165 confirmed as suicides and no cases under investigation.

During September, among reserve component soldiers who were not on active duty, there were 16 potential suicides (13 Army National Guard and three Army Reserve): one has been confirmed as suicide and 15 remain under investigation. For August, among that same group, the Army reported nine potential suicides. Since the release of that report two cases were added for a total of 11 cases (seven Army National Guard and four Army Reserve): five have been confirmed as suicides and six remain under investigation.

For 2012, there have been 101 potential not on active-duty suicides (67 Army National Guard and 34 Army Reserve): 67 have been confirmed as suicides and 34 remain under investigation. Not on active-duty suicide numbers for 2011: 118 (82 Army National Guard and 36 Army Reserve) confirmed as suicides and no cases under investigation.

"Every suicide in our ranks is a tragic loss for the Army family, adversely affecting the readiness of our Army," said Lt. Gen. Howard B. Bromberg, deputy chief of staff for manpower and personnel. "I am asking soldiers, family members, department of the Army civilians, neighbors, and friends to look out for each other and reach out and embrace those who may be struggling. Recognize the warning signs such as substance abuse, relationship problems, and withdrawal from friends and activities and use available resources to help yourself or others. Our actions can save lives."

Soldiers and families in need of crisis assistance can contact the National Suicide Prevention Lifeline. Trained consultants are available 24 hours a day, seven days a week, 365 days a year and can be contacted by dialing 1-800-273-TALK (8255) or by visiting their website at <http://www.suicidepreventionlifeline.org>.

Army leaders can access current health promotion guidance in newly revised Army Regulation 600-63 (Health Promotion) at: http://www.army.mil/usapa/epubs/pdf/r600_63.pdf and Army Pamphlet 600-24 (Health Promotion, Risk Reduction and Suicide Prevention) at http://www.army.mil/usapa/epubs/pdf/p600_24.pdf.

The Army's comprehensive list of Suicide Prevention Program information is located at <http://www.preventsuicide.army.mil>.

Suicide prevention training resources for Army families can be accessed at http://www.armyg1.army.mil/hr/suicide/training_sub.asp?sub_cat=20 (requires Army Knowledge Online access to download materials).

Information about Military OneSource is located at <http://www.militaryonesource.com> or by dialing the toll-free number 1-800-342-9647 for those residing in the continental United States. Overseas personnel should refer to the Military OneSource website for dialing instructions for their specific location.

Information about the Army's Comprehensive Soldier Fitness Program is located at <http://www.army.mil/csf/>.

The Defense Center for Excellence for Psychological Health and Traumatic Brain Injury (DCoE) Outreach Center can be contacted at 1-866-966-1020, via electronic mail at Resources@DCoEO Outreach.org and at <http://www.dcoe.health.mil>.

The website for the American Foundation for Suicide Prevention is <http://www.afsp.org/> and the Suicide Prevention Resource Council site is found at <http://www.sprc.org/index.asp>.
