

**DEPARTMENT OF THE ARMY**  
WASHINGTON, DC

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INFORMATION FOR MEMBERS OF CONGRESS

SUBJECT: Army Releases March 2012 Suicide Data

The Army released suicide data today for the month of March. During March, among active-duty Soldiers, there were 18 potential suicides: three have been confirmed as suicides and 15 remain under investigation. For February, the Army reported 11 potential suicides among active-duty Soldiers. Since the release of that report, five have been confirmed as suicides and six remain under investigation. For CY 2012, there have been 45 potential active-duty suicides: 20 have been confirmed as suicides and 25 remain under investigation. Updated active-duty suicide numbers for CY 2011: 164 (164 have been confirmed as suicides and none remain under investigation).

During March, among reserve component Soldiers who were not on active duty, there were 10 potential suicides (seven Army National Guard and three Army Reserve): four have been confirmed as suicides and six remain under investigation. For February, among that same group, the Army reported three potential suicides. Since the release of that report, one case has been added for a total of four potential suicides (four Army National Guard and no Army Reserve): three have been confirmed as suicides and one remains under investigation. For CY 2012, there have been 20 potential not on active duty suicides (16 Army National Guard and four Army Reserve): 13 have been confirmed as suicides and seven remain under investigation. Updated not on active duty suicide numbers for CY 2011: 117 (81 Army National Guard and 36 Army Reserve); 117 have been confirmed as suicides and none remain under investigation.

“One suicide is one too many. We in Army Medicine have partnered with our line leaders to enhance mental health resiliency; by engaging Soldiers holistically by supporting their mental, physical and spiritual well being in an effort to improve the health and wellness of the Force. We are committed to every Soldier and our efforts are focused on prevention well before the individual chooses suicide as their only option,” said Lieutenant General Patricia D. Horoho, The Surgeon General of the Army.

Soldiers and families in need of crisis assistance can contact the National Suicide Prevention Lifeline. Trained consultants are available 24 hours a day, 7 days a week, 365 days a year and can be contacted by dialing 1-800-273-TALK (8255) and pressing “1” for Military members and Veterans or by visiting their website at [www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org).

The Army's comprehensive list of Suicide Prevention Program information is located at **<http://www.preventsuicide.army.mil>**

Army leaders can access current health promotion guidance in the newly revised Army Regulation 600-63 (Health Promotion) at: [http://www.army.mil/usapa/epubs/pdf/r600\\_63.pdf](http://www.army.mil/usapa/epubs/pdf/r600_63.pdf) and in Army Pamphlet 600-24 (Health Promotion, Risk Reduction and Suicide Prevention) at [http://www.army.mil/usapa/epubs/pdf/p600\\_24.pdf](http://www.army.mil/usapa/epubs/pdf/p600_24.pdf).

Suicide prevention training resources for Soldiers, leaders, Department of the Army Civilians, and Family members can be accessed at: [http://www.armyg1.army.mil/hr/suicide/training\\_sub.asp?sub\\_cat=20](http://www.armyg1.army.mil/hr/suicide/training_sub.asp?sub_cat=20) (requires Army Knowledge Online access to download materials).

Information about Military OneSource is located at **[www.militaryonesource.com](http://www.militaryonesource.com)** or by dialing the toll-free number 1-800-342-9647 for those residing in the continental U.S. Overseas personnel should refer to the Military OneSource web site for dialing instructions for their specific location.

Information about the Army's Comprehensive Soldier Fitness Program is located at <http://www.army.mil/csf/>.

The Defense Center of Excellence for Psychological Health and Traumatic Brain Injury (DCoE) Outreach Center can be contacted at 1-866-966-1020, via electronic mail at [Resources@DCoEOutreach.org](mailto:Resources@DCoEOutreach.org) and at [www.dcoe.health.mil](http://www.dcoe.health.mil).

The website for the American Foundation for Suicide Prevention is <http://www.afsp.org/>, and the Suicide Prevention Resource Council site is found at <http://www.sprc.org/index.asp>.

Point of contact for this notification is CPT Laura Keenan, 703-697-5863.

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